

# Treatment of HCV in 2015: A Case-based approach

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# Disclosure Statement

- In the past 2 years, Dr Shafran has received research funding or honoraria related to HCV from:
  - AbbVie Laboratories
  - Boehringer Ingelheim
  - Bristol Myers Squibb
  - Gilead Sciences
  - Merck
  - Roche
  - Vertex

# Objectives

By the end of this program, participants will have a better understand of:

- ◆ The 2015 Canadian Hepatitis C guidelines;
- ◆ The clinical use of IFN-Free treatment of HCV infection in a variety of patient types

# Hepatitis C Epidemiology

- ~170 million cases worldwide (c/w ~35M with HIV)
- ~250,000 cases in Canada (~ 0.8% of population)
- HCV is the leading cause of chronic liver disease, cirrhosis, liver failure and liver cancer in western countries
- HCV is the leading indication for liver transplantation worldwide (~40% of cases)
- Unlike HAV & HBV, no vaccine is available (or imminent)
- HCV is **curable** with a finite course of antiviral therapy

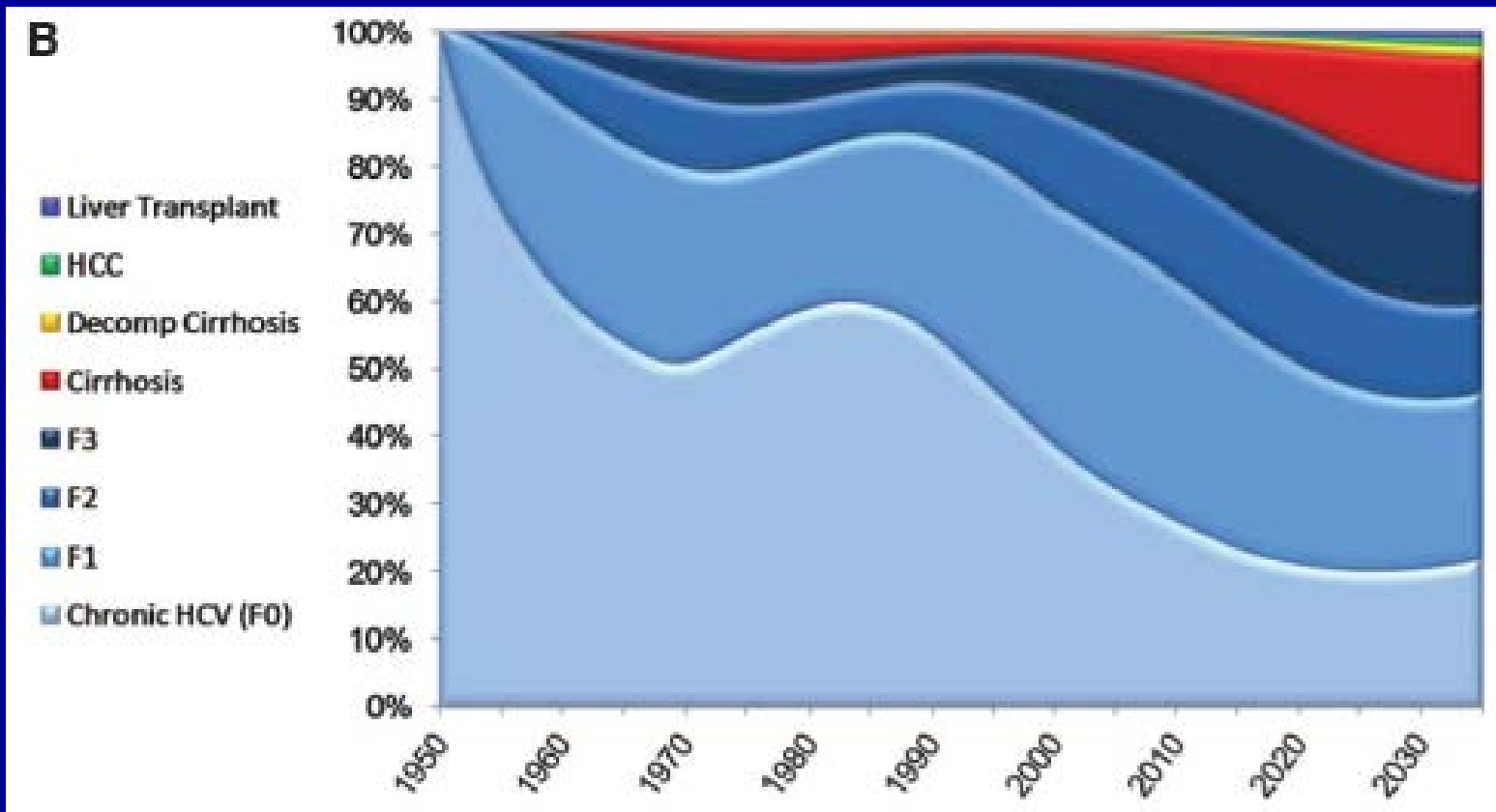
# Canadian HCV Epidemiology

- **Incident disease is falling**
  - Blood products screened since 1990
  - Needle exchange programs
  - Shift from IV to inhaled (crack) cocaine
  - Better infection control practices in health care
- **Prevalent disease is steadily progressing**
  - “Boomers” are aging and fibrosis is progressing
  - It is predicted that the peak incidence of cirrhosis and HCC is yet to come

# Burden of disease and cost of chronic hepatitis C virus infection in Canada

Robert P Myers MD MSc<sup>1</sup>, Mel Krajden MD<sup>2</sup>, Marc Bilodeau MD<sup>3</sup>, Kelly Kaita MD<sup>4</sup>, Paul Marotta MD<sup>5</sup>, Kevork Peltekian MD<sup>6</sup>, Alnoor Ramji MD<sup>7</sup>, Chris Estes MPH<sup>8</sup>, Homie Razavi PhD<sup>8</sup>, Morris Sherman MD<sup>9</sup>

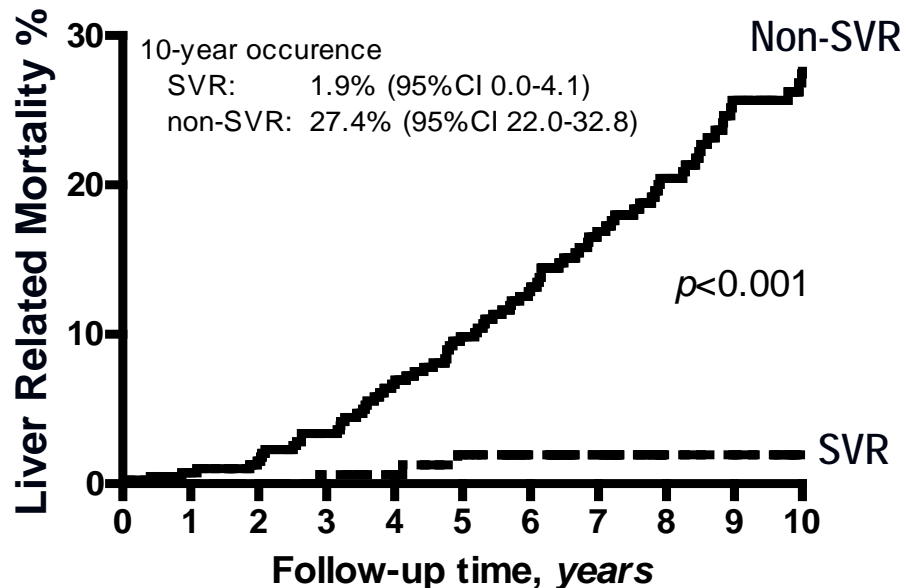
- Burden of advanced disease continues to increase



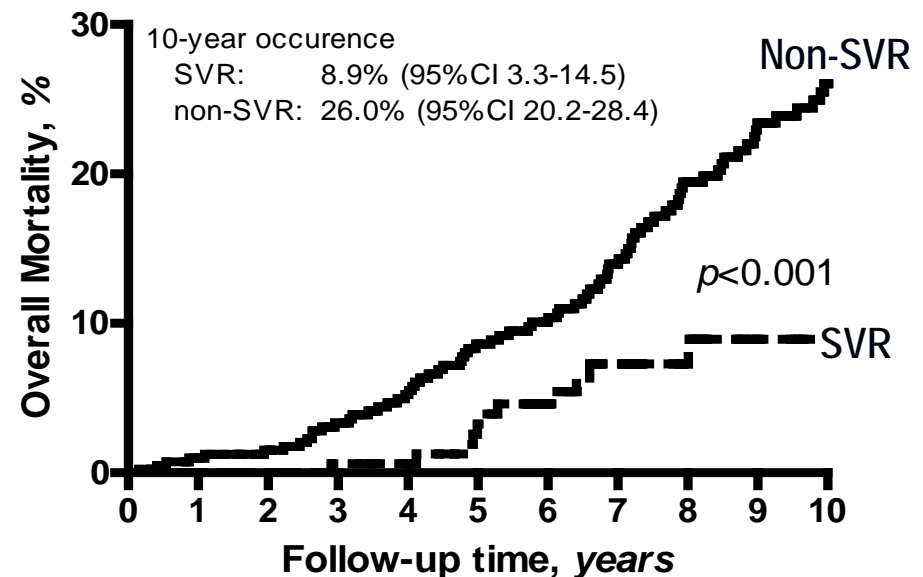
# Curing HCV Saves Lives

Long-term follow-up of patients treated for HCV with F3/F4 at baseline

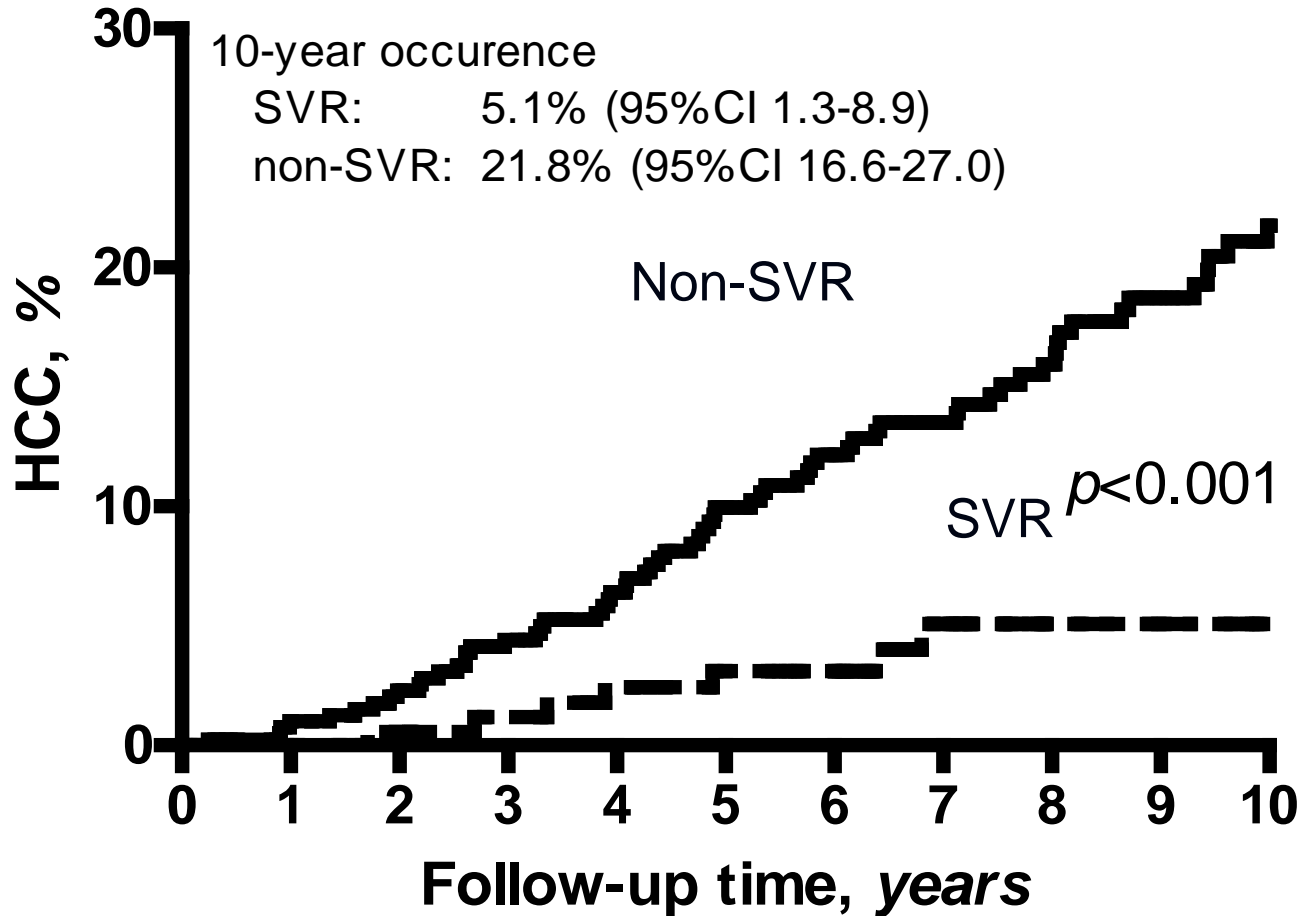
## Liver Related Mortality



## All Cause Mortality

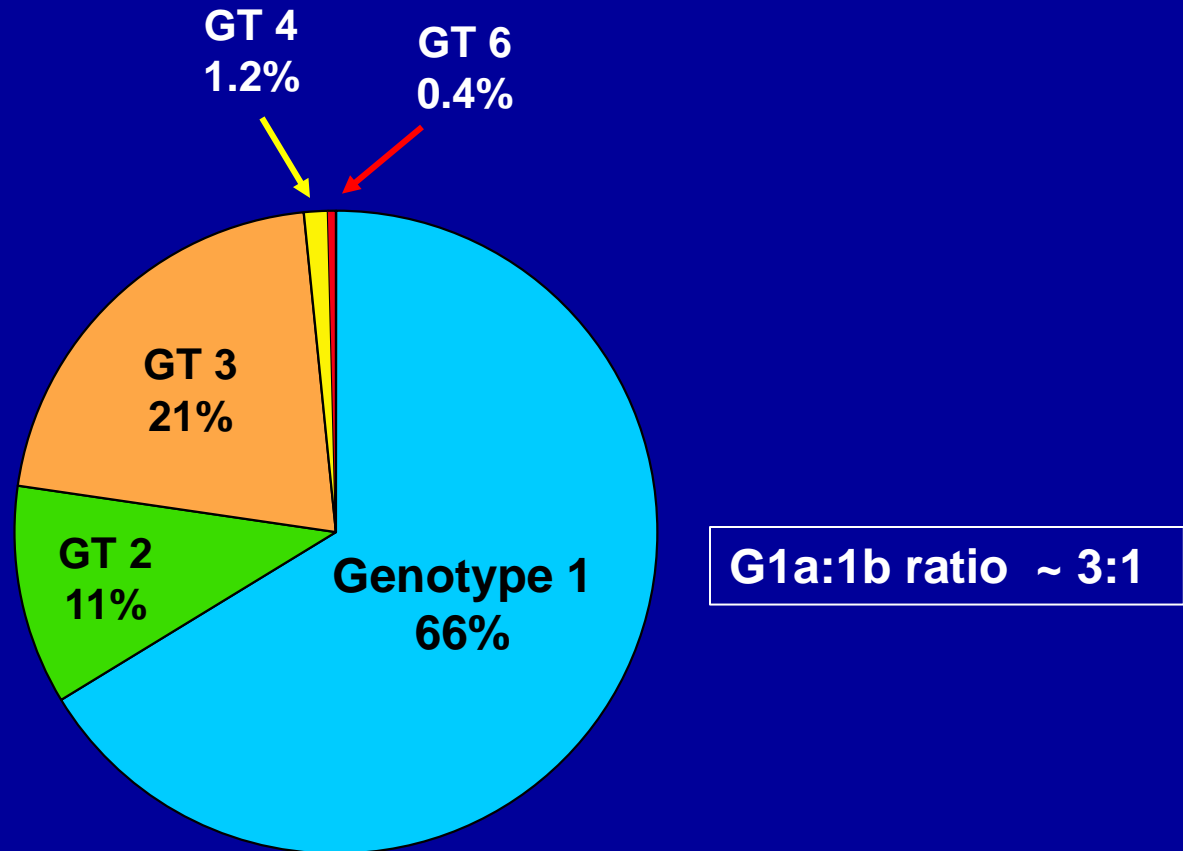


# Curing HCV Markedly Reduces the Incidence of Hepatocellular Carcinoma (HCC)





# Distribution of HCV Genotypes in Alberta 2000-2012 (n= 14,192)



# An update on the management of chronic hepatitis C: 2015 Consensus guidelines from the Canadian Association for the Study of the Liver

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*Can J Gastroenterol Hepatol* 2015; 29:19-34.

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AMERICAN ASSOCIATION FOR  
THE STUDY OF LIVER DISEASES



**Recommendations for  
Testing, Managing, and  
Treating Hepatitis C**



[www.hcvguidelines.org](http://www.hcvguidelines.org)

# Case 1: Robert J

- 57 yo M welder
- PH IDU age 20-25
- 2002 tested anti-HCV+ when trying to purchase life insurance
- Nov 2002: Liver Bx: METAVIR A2F2, genotype 1a
- 2003: treated with PegIFN + RBV: null responder
- Mar 2012: FS 10.3 kPa, METAVIR F3 equivalent
- Apr 2012: started PegIFN + RBV + telaprevir
- Met week 4 futility: HCV RNA > 1000 IU/mL; antiviral therapy stopped

# Case 1: Robert J

- Apr 2015: FS 11.4 kPa (METAVIR F3), ALT 93, AST 68. CBC-D, creatinine, albumin, T bilirubin, prothrombin time normal; anti-HIV-, HBsAg-. HCV RNA 1.7M IU/mL
- P/E normal
- He is motivated to be treated for HCV

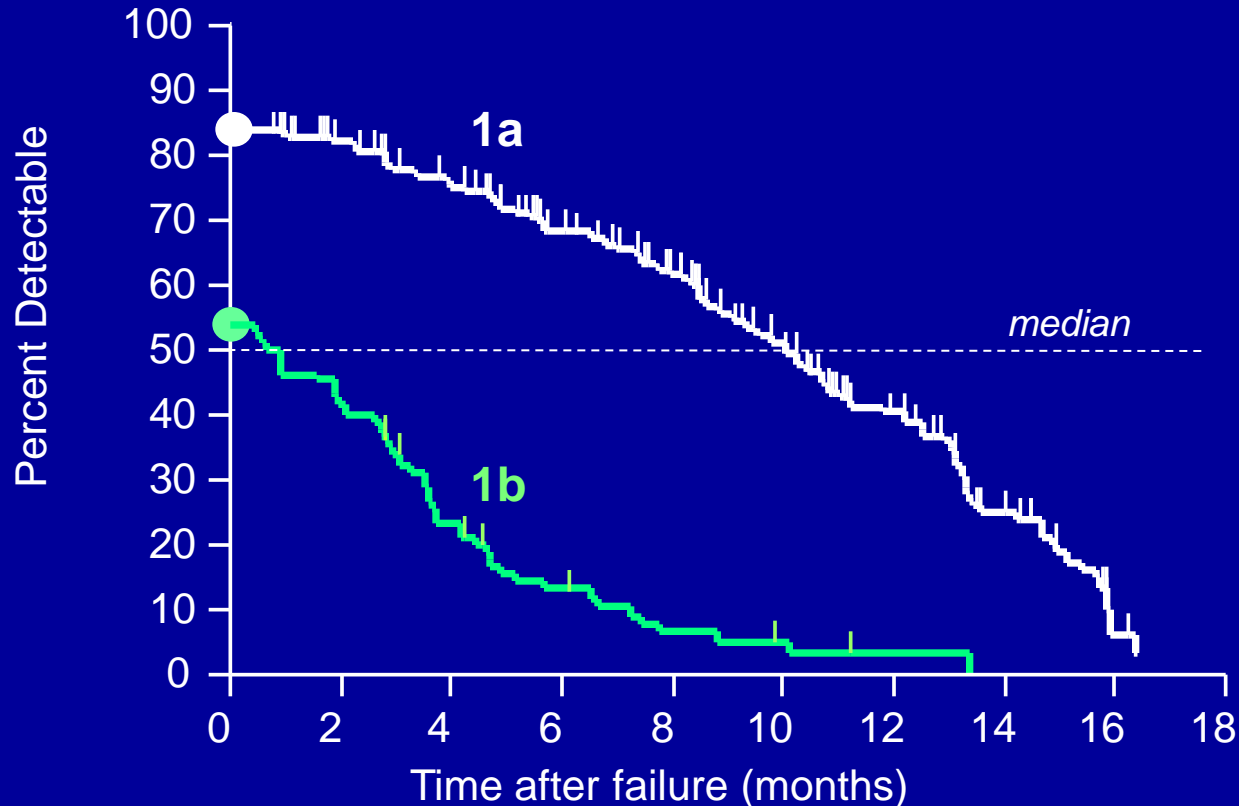
# Q1: Which IFN-free regimens for HCV G1 are approved in Canada?

1. Sofosbuvir/ledipasvir
2. Paritaprevir/ombitasvir/ritonavir + dasabuvir  $\pm$  ribavirin
3. Sofosbuvir + simeprevir
4. Daclatasvir + asunaprevir
5. Daclatasvir/asunaprevir/baclabuvir
6. Grazoprevir/elbasvir
7. 1, 2 and 3
8. 1, 2, 3, and 4
9. 1 through 6

**Q2: Which IFN-free regimen is appropriate for a patient who failed treatment with PegIFN + RBV + a HCV NS3 protease inhibitor?**

1. Sofosbuvir/ledipasvir
2. Paritaprevir/ombitasvir/ritonavir + dasabuvir  $\pm$  ribavirin
3. Sofosbuvir + simeprevir
4. Daclatasvir + asunaprevir
5. Daclatasvir/asunaprevir/baclabuvir
6. Grazoprevir/elbasvir

# Probability of TVR Resistant Variant Over Time by Subtype in Patients Failing PR + TVR



- Significant difference ( $p < 0.0001$ ) between subtypes for the time to become WT by population sequencing (median, 95% CI)
  - 1a: 10 months (9,11)
  - 1b: 0.8 months (0,2)



# Effect of Prior NS3 PI Treatment on Response to SOF + SMV

Prior Exposure to BOC or TVR	SVR 12
No	118/127 (93%)
Yes	35/46 (76%)



There is expected to be overlap between RAVs due to PI-based therapies. Because the PTV<sub>R</sub>/OBV/DSV regimen contains a PI and other regimens with documented activity in these patients are available (ie, SOF/LDV) (9), this regimen should not be used in patients who have failed another PI (eg, TVR, BOC or SIM).

Canadian HCV Treatment Guidelines. *Can J Gastroenterol Hepatol* 2015; 29:19-34.

***Recommended regimen for patients without cirrhosis who have HCV genotype 1 infection, regardless of subtype, in whom a prior PEG-IFN, RBV, and HCV protease inhibitor regimen has failed.***

**Daily fixed-dose combination ledipasvir (90 mg)/sofosbuvir (400 mg) for 12 weeks is recommended for retreatment of patients without cirrhosis who have HCV genotype 1 infection, regardless of subtype, in whom a prior PEG-IFN, RBV, and HCV protease inhibitor regimen has failed.**

**Rating:** Class I, Level A

# Case 1: Robert J

- He commences treatment with sofosbuvir/ledipasvir 400/90 mg once daily
- After 4 weeks of therapy, serum HCV RNA is 46 IU/mL by Abbott RealTime PCR

## **Q3: Which course of action do you recommend?**

1. Stop treatment due to futility
2. Extend treatment to 12 weeks
3. Extend treatment to 24 weeks
4. Stop treatment after 8 weeks, as originally planned

# Utility of Hepatitis C Viral Load Monitoring with Ledipasvir and Sofosbuvir Therapy (Poster 689)

Sreetha Sidharthan<sup>1,2</sup>, Anita Kohli<sup>1,2</sup>, Anu Osinusi<sup>1,2,4</sup>, Amy Nelson<sup>2,5</sup>, Zayani Sims<sup>1</sup>, Kerry Townsend<sup>2,5</sup>, Lydia Tang<sup>2</sup>, Michael Polis<sup>5</sup>, Henry Masur<sup>1</sup>, Shyam Kottilil<sup>2,5</sup>

<sup>1</sup>Critical Care Medicine Department, National Institutes of Health Clinical Center, National Institutes of Health, Bethesda, MD, USA; <sup>2</sup>Institute of Human Virology, University of Maryland School of Medicine, Baltimore, MD, USA

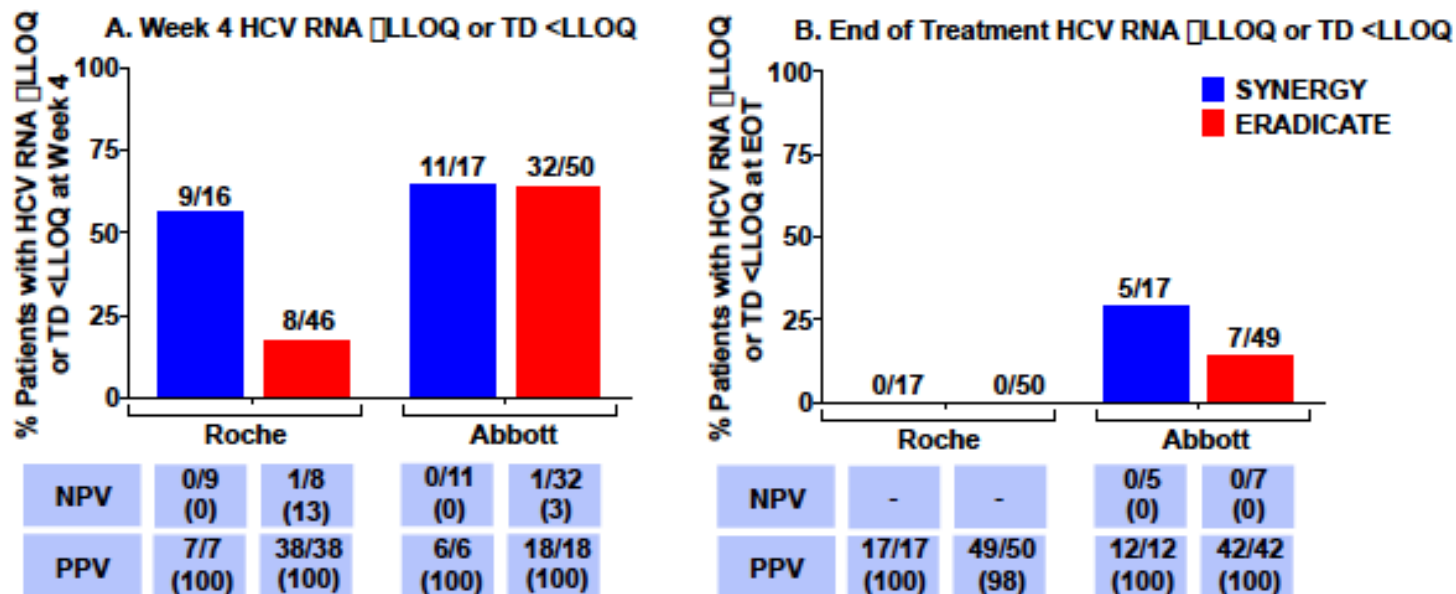
<sup>3</sup>Clinical Research Directorate/Clinical Monitoring Research Program, Lelands Biomedical 18 Research, Inc. (formerly SAIC-Frederick, Inc), Frederick National Laboratory for Cancer Research, Frederick, MD, USA, <sup>4</sup>Gilead Sciences Inc, Foster City, CA, USA, <sup>5</sup>Laboratory of Immunoregulation, National Institute of Allergy and Infectious Diseases, National Institutes of Health, Bethesda, MD, USA.

## METHODS

### Study Design

- 67 HCV genotype 1 patients without cirrhosis or prior treatment experience were enrolled in two NIAID phase 2 trials and treated with a single pill regimen of LDV/SOF (90 mg/400 mg) once daily for 12 weeks:
  - SYNERGY<sup>1</sup>: HCV mono-infected participants without cirrhosis (n=17) SVR in 17/17
  - ERADICATE<sup>2</sup>: HIV/HCV co-infected participants without cirrhosis – on combination antiretroviral (ARV) therapy (n=37) or ARV naïve (n=13)
- Primary outcome measurement was sustained virologic response (SVR12), defined as HCV RNA below lower limit of quantification (LLOQ) 12 weeks post-treatment. SVR in 49/50

Figure 2: Patients with HCV RNA  $\geq$ LLOQ or TD  $<$ LLOQ at W4 and EOT



One patient on SYNERGY and four patients on ERADICATE did not have a Roche assay completed at week 4. The patient who experienced viral relapse on ERADICATE did not have an Abbott assay completed at end of treatment.

- The majority of patients with HCV RNA  $\geq$ LLOQ or HCV RNA TD  $<$ LLOQ at week 4 achieved SVR12 (NPV  $<$ 13%).
- 5 patients on SYNERGY and 7 patients on ERADICATE had HCV RNA TD  $<$ LLOQ at EOT by the Abbott assay. All 12 patients achieved SVR12. By the Roche assay, all patients had HCV RNA TND  $<$ LLOQ at EOT.

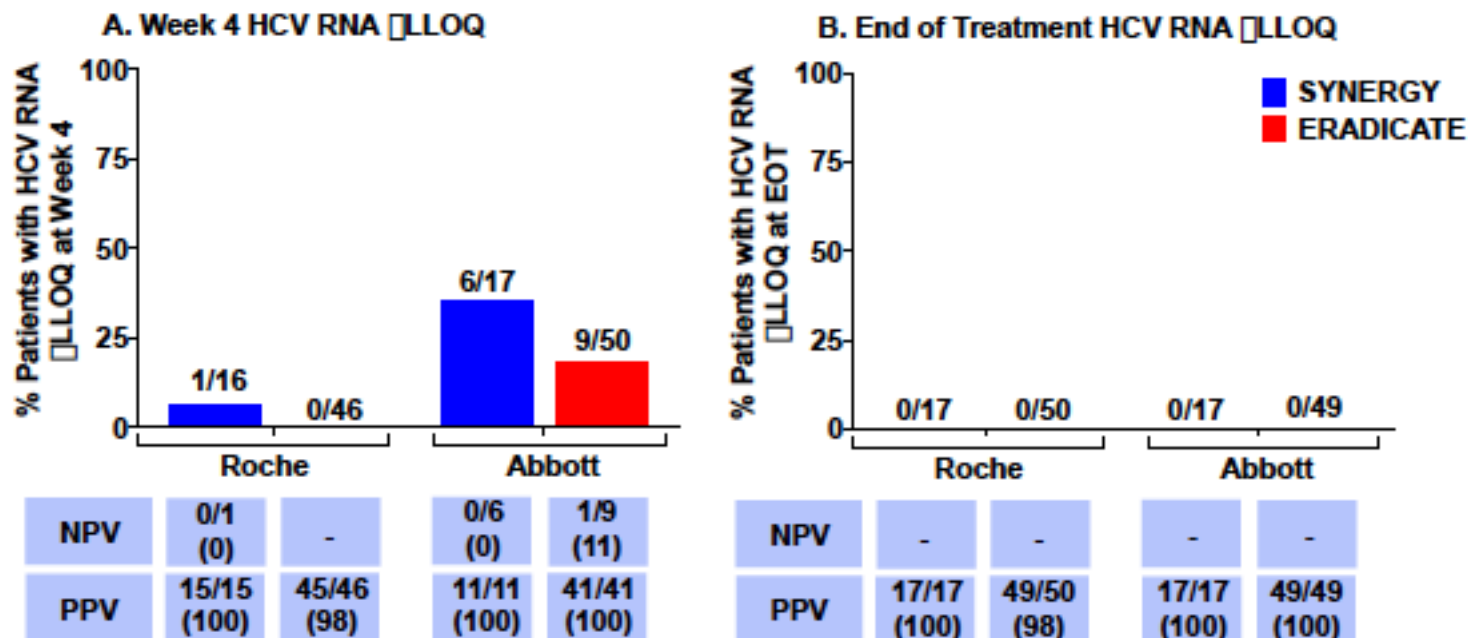
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## Figure 3: Patients with HCV RNA $\geq$ LLOQ at W4 and EOT



- The majority of patients with HCV RNA  $\geq$ LLOQ achieved SVR12 (NPV <11%).
- All patients had HCV RNA <LLOQ at EOT.

## Case 2: Sandra K

- 48 yo F realtor attended FP for annual physical
- P/E normal except trace pedal edema; wt 78 kg
- U/A revealed 4+ proteinuria and 10-15 RBC/hpf
- CBC-D, glucose, HbA1c, C3, C4, IgA normal
- ANA-, anti-GBM-, ANCA-, HBsAg-, anti-HIV-, MSU-
- Creatinine 105  $\mu\text{mol/L}$ , albumin 35 g/L, urine protein/creatinine 240, urine albumin/creatinine 202
- Patient referred to nephrologist

## Case 2: Sandra K

- Nephrologist orders U/S and anti-HCV
- U/S shows normal kidneys, liver and spleen
- Anti-HCV+; HCV RNA and GT then ordered
- HCV RNA 1.6M IU/mL, genotype 2
- ALT 38, AST 33, PT 1.0, bilirubin 11  $\mu\text{mol/L}$
- Nephrologist opinion: high probability that patient has MPGN secondary to HCV; favors treatment of HCV as first step in management rather than renal biopsy or immune therapy

# Influence of Antiviral Therapy in Hepatitis C Virus–Associated Cryoglobulinemic MPGN

Laurent Alric, MD, PhD, Emmanuelle Plaisier, MD, Sophie Thébault, MD,  
Jean-Marie Péron, MD, PhD, Lionel Rostaing, MD, PhD, Jacques Pourrat, MD, Pierre Ronco, MD,  
Jean-Charles Piette, MD, and Patrice Cacoub, MD

- In those with SVR, cryoglobulin levels at the end of treatment ( $0.29 \pm 0.4$  g/L) and end of follow-up ( $0.25 \pm 0.4$  g/L) were decreased ( $P < 0.05$ ) compared with pretreatment values ( $1.38 \pm 2.2$  g/L).
- Conversely, no changes in serum cryoglobulinemia levels were observed in nonresponders or controls.



6. Patients with extrahepatic manifestations of HCV should be considered for antiviral therapy (Class 1, Level A).

## AASLD/IDSA HCV Treatment Guidelines

**When and in Whom to Initiate HCV Therapy Table 1. Settings of Liver-Related Complications and Extrahepatic Disease in Which HCV Treatment is Most Likely to Provide the Most Immediate and Impactful Benefits**

### Highest Priority for Treatment Owing to Highest Risk for Severe Complications

**Advanced fibrosis (Metavir F3) or compensated cirrhosis (Metavir F4)**

**Rating: Class I, Level A**

**Organ transplant**

**Rating: Class I, Level B**

**Type 2 or 3 essential mixed cryoglobulinemia with end-organ manifestations (eg, vasculitis)**

**Rating: Class I, Level B**

**Proteinuria, nephrotic syndrome, or membranoproliferative glomerulonephritis**

**Rating: Class IIa, Level B**

## Case 2: Sandra K

- You arrange a FS which reveals a liver stiffness of 5.8 kPa (METAVIR F0-1 equivalent)

## Q4: Which course of action do you recommend?

1. Renal biopsy before making a treatment decision
2. Liver biopsy before making a treatment decision
3. High dose corticosteroids for presumed MPGN
4. Dual PegIFN + RBV for HCV
5. Dual sofosbuvir + RBV for HCV

35. In treatment-naive patients with HCV genotype 2, SOF (400 mg daily) should be given with weight-based RBV for 12 weeks (Class 1, Level A).

***Recommended regimen for treatment-naive patients with HCV genotype 2 infection.***

Daily sofosbuvir (400 mg) and weight-based RBV (1000 mg [ $<75$  kg] to 1200 mg [ $\geq 75$  kg]) for 12 weeks is recommended for treatment-naive patients with HCV genotype 2 infection.

**Rating:** Class I, Level A

**Extending treatment to 16 weeks is recommended in patients with cirrhosis.**

**Rating:** Class IIb, Level C

## Case 2: Sandra K

- She commences treatment with sofosbuvir 400 mg plus ribavirin 1200 mg daily x 12 weeks

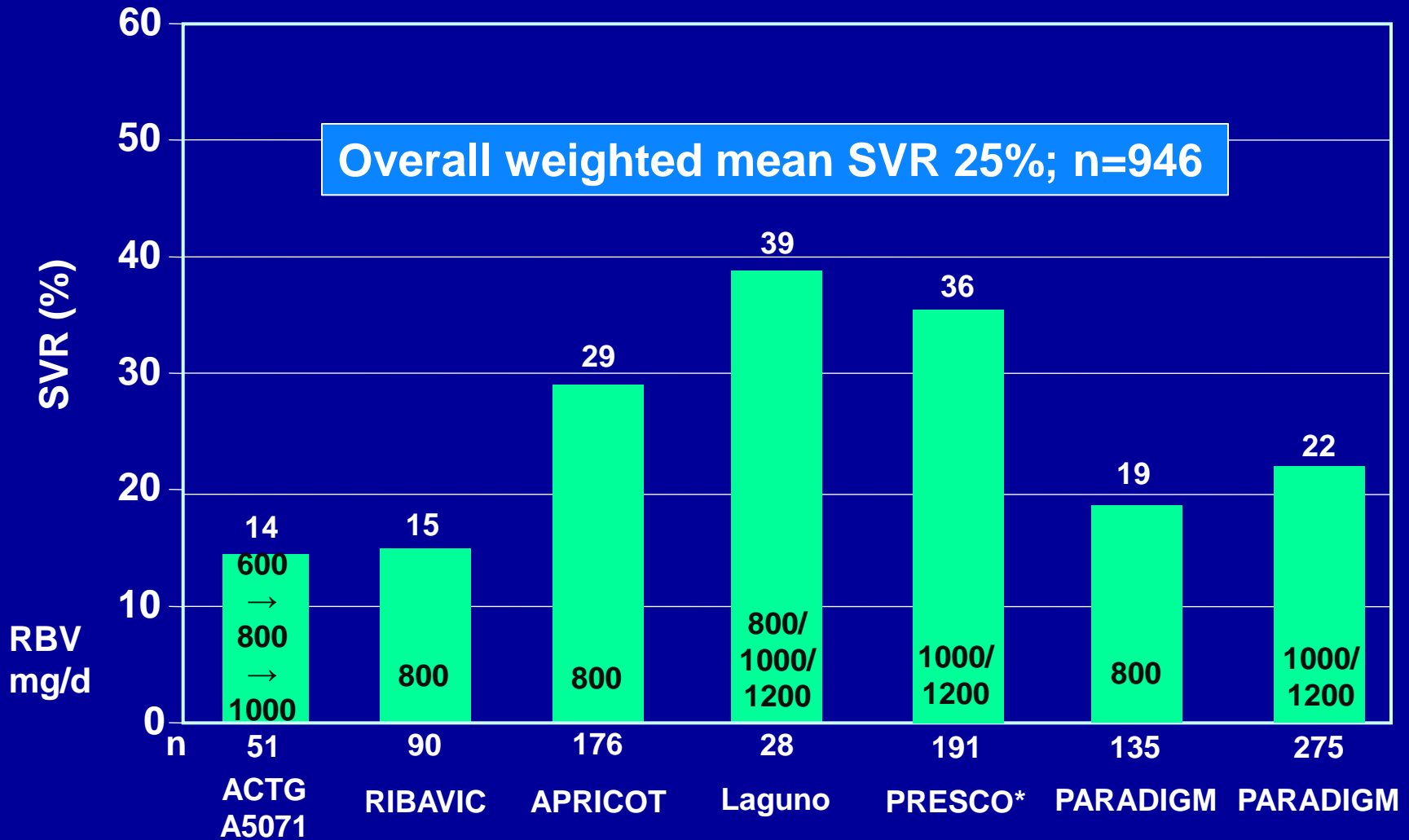
# Case 3: Kevin R

- 38 yo M laborer
- PH: IDU 1998-2008
- 2004: tested anti-HCV+, anti-HIV-
- 2008: incarcerated in a federal prison;
  - tested anti-HIV+; CD4 310 (20%), HIV RNA 72,000, GART: no resistance
  - HCV RNA+, ALT 96, HBsAg-, anti-HBs+, anti-HBc+
  - CBC-D, creatinine, albumin, bilirubin, PT, alk phos N.
  - started on ART with Atripla; HIV RNA becomes undetectable

## Case 3: Kevin R

- 2009:
  - Still incarcerated
  - HIV RNA undetectable on Atripla
  - CD4 460 (26%)
  - HCV RNA 4.2M IU/mL, genotype 1a
  - Patient offered dual therapy with PR and told that expected SVR is ~25%
  - Patient declined offer for HCV Rx

# SVR in HCV Genotype 1 in the HIV Co-infected Treated with PegIFN $\alpha$ + RBV x 48 weeks



\* a few patients were treated for 72 weeks



# Case 3: Kevin R

## November 2012:

- Still incarcerated
- HIV RNA remains undetectable on Atripla
- BOC and TVR approved by HC but not funded by CSC
- Patient is released from custody on parole

# Case 3: Kevin R

## March 2013:

- HIV RNA remains undetectable on Atripla
- CD4 530 (29%)
- PLT 127, ALT 88, AST 107, AFP 14
- Hb, WBC, albumin, bilirubin N
- FS 16.0 kPa (F4 equivalent)
- Gastroscopy: no varices
- Abdo U/S: slightly coarse liver, no focal liver lesions, spleen 13.6 cm

# Case 3: Kevin R

## March 2013:

- Patient offered anti-HCV Rx with PR + BOC or TVR, but advised that:
  1. He would need to change ART to avoid drug-drug interactions
  2. Duration of PR backbone would be 48 weeks, given presence of cirrhosis
  3. Expected SVR rate would be 50-60%, given presence of cirrhosis
  4. IFN-free therapy is expected in 2-3 years

# Case 3: Kevin R

## March 2013:

- Patient declined current HCV Rx and opted to await future HCV Rx options
- He continued on Atripla and stopped all EtOH intake
- Screening abdo U/S continue every 6 months
- He has only public prescription drug coverage

## Case 3: Kevin R

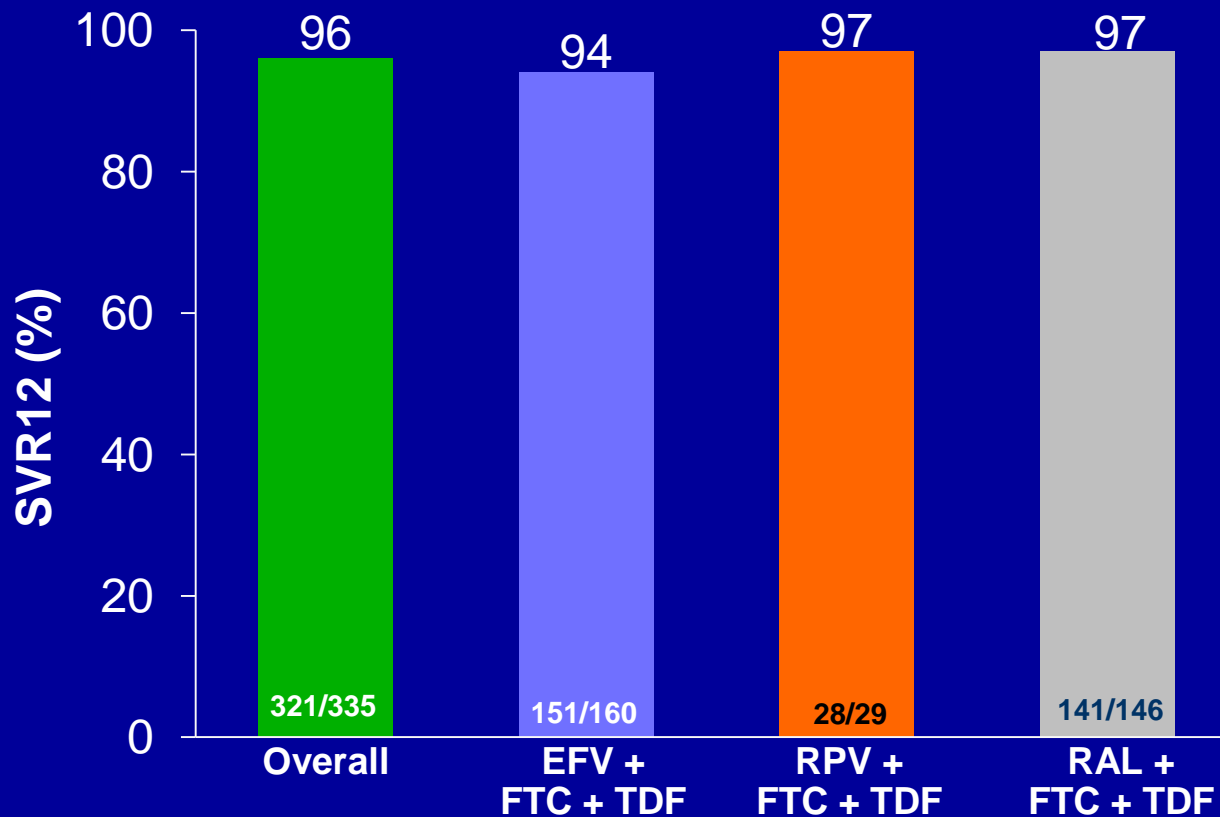
### April 2015:

- Patient remains on Atripla with undetectable HIV RNA and CD4 is 680 (33%)
- Screening abdominal U/S continues to show no focal hepatic lesion, spleen 14.4 cm
- PLT 98, albumin 36, PT 1.2, T bilirubin 17, ALT 102, AST 123, AFP 17, Cr 84
- FS 18.4 kPa
- Gastroscopy: mild PHG, small grade 1 esophageal varix, not requiring intervention

## Q5: What do you recommend?

1. No HCV Rx yet
2. Must change ART from Atripla in order to safely treat HCV
2. Continue Atripla and treat HCV with PR + sofosbuvir
3. Continue Atripla and treat with sofosbuvir/ledipasvir
4. Change ART to Complera and treat with paritaprevir/ombitasvir/r + dasabuvir + RBV
5. None of the above

# ION-4: SOF/LDV x 12 weeks in the HCV-HIV Co-infected (98% GT1): SVR12 by HIV ARV Regimen



# DDIs of Note in the HIV-HCV Co-infected-1

HCV Regimen	Problem Drug	Interaction
PR	ZDV	↑ anemia
SOF + RBV	none	
SOF/LDV	Rosuvastatin	Up to 7-fold ↑ rosuvastatin AUC
	EFV	34% ↓ LDV AUC*
	Atazanavir/r	96% ↑ LDV AUC
	TDF/FTC/EFV	98% ↑ TFV AUC*
	TDF/FTC/RPV	40% ↑ TFV AUC*
	TDF/FTC + DRV/r	50% ↑ TFV AUC
	TDF/FTC + ATZ/r	35% ↑ TFV AUC

\* Not likely clinically significant based on ION-4 (160 received EFV, 29 received RPV)



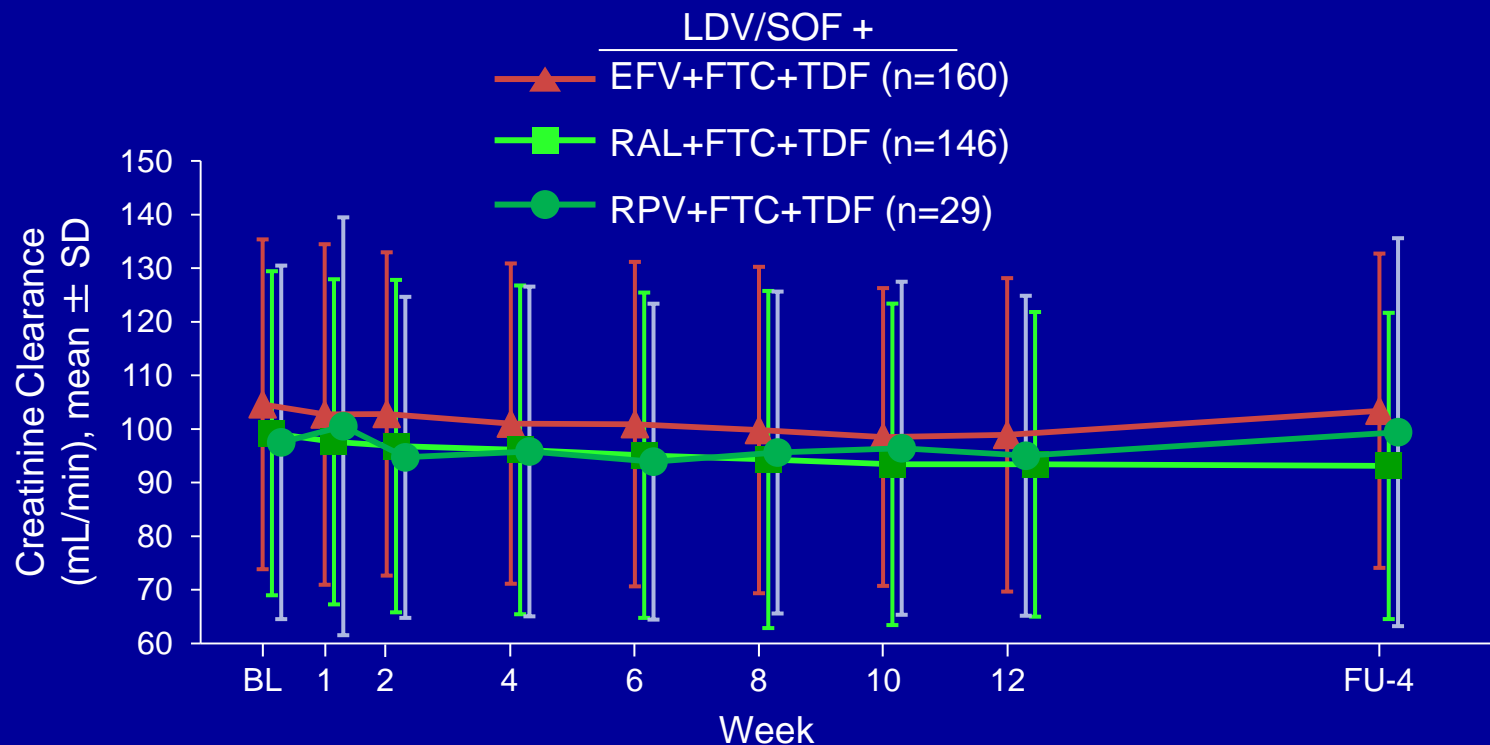
- **Because ledipasvir increases tenofovir levels, concomitant use mandates consideration of creatinine clearance (CrCl) rate and should be avoided in those with CrCl below 60 mL/min. Because potentiation of this effect is expected when tenofovir is used with ritonavir-boosted HIV protease inhibitors, ledipasvir should be avoided with this combination (pending further data) unless antiretroviral regimen cannot be changed and the urgency of treatment is high.**

**Rating: Class IIa, Level C**

**For combinations expected to increase tenofovir levels, baseline and ongoing assessment for tenofovir nephrotoxicity is recommended.**

**Rating: Class IIa, Level C**

# ION-4: eGFR and Renal Safety



- No grade 3 or 4 creatinine abnormalities nor any grade 3 or 4 AEs in the renal or urinary disorder occurred in study
- 4 patients had change in creatinine  $\geq 0.4$  mg/dL (35.4  $\mu$ mol/L); all achieved SVR
  - 2 completed treatment with no ART change
  - 1 discontinued TDF, 1 had dose reduction of TDF

# DDIs of Note in the HIV-HCV Co-infected-2

HCV Regimen	Problem Drug	Interaction
PTV/OMB/r + DSV + RBV	EFV	Poorly tolerated, ↑ALT
	RPV	Up to 273% ↑RPV exposure
	ETR	↓ DAA exposures
	LPV/r	Cannot unbundle RTV, 2.2 fold ↑PTV exposure
	DRV	52% ↓DRV trough, no clinical data
	RAL	Up to 134% ↑ RAL exposure*
	OCs	Contraindicated due to ↑ALT
	Rosuvastatin	7.1 fold ↑Cmax, 2.6 fold ↑AUC

\* Not likely clinically significant based on 35 patients in TURQUOISE-1

- Paritaprevir/ritonavir/ombitasvir plus dasabuvir should be used with antiretroviral drugs with which it does not have substantial interactions: raltegravir (and probably dolutegravir), enfuvirtide, tenofovir, emtricitabine, lamivudine, and atazanavir.
- The dose of ritonavir used for boosting of HIV protease inhibitors may need to be adjusted (or held) when administered with paritaprevir/ritonavir/ombitasvir plus dasabuvir and then restored when HCV treatment is completed. The HIV protease inhibitor should be administered at the same time as the fixed-dose HCV combination.

**Rating:** Class IIa, Level C

# Case 3: Kevin R

## April 2015:

- Patient is continued on Atripla
- Sofosbuvir/ledipasvir is started for a 12-week course

