# The Return of the Great Pretender: Syphilis in 2014.

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Internal Medicine Grand Rounds
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## \*Objectives

- \*To review the microbiology of syphilis.
- \*To review the presentation and findings of primary, secondary and tertiary syphilis.
- \*To provide an update on syphilis infection rates in British Columbia and in specific populations.
- \*To provide an update of syphilis testing in BC.
- \*To review diagnosis and treatment of syphilis in British Columbia.
- \*To review syphilis in pregnancy, and congenital syphilis outcomes.

## \*Classification

<b>Spirochaete</b> (Phylum and class)	Spirochaetaceae (Family)	Treponema (Genus)	Treponema pallidum (Syphilis/bejel · Yaws) · Treponema carateum (Pinta) · Treponema denticola	
		Borrelia	Borrelia burgdorferil Borrelia afzelii (Lyme disease · Erythema chronicum migrans · Neuroborreliosis)  Borrelia recurrentis (Louse borne relapsing fever) · Borrelia hermsiil Borrelia duttonil Borrelia parkeri (Tick borne relapsing fever)	
	Leptospiraceae	Leptospira	Leptospira interrogans (Leptospirosis)	
	Spirillaceae	Spirillum S	Spirillum minus (Rat-bite fever/Sodoku)	
Chlamydiaceae	Chlamydophila	ophila Chlamydophila psittaci (Psittacosis) · Chlamydophila pneumoniae		
	Chlamydia	Chlamydia trachomatis (Chlamydia · Lymphogranuloma venereum · Trachoma)		
Bacteroidetes	Bacteroides fragilis · Bacteroides forsythus · Capnocytophaga canimorsus · Porphyromonas gingivalis · Prevotella intermedia			
Fusobacteria	Fusobacterium necrophorum (Lemierre's syndrome) · Fusobacterium nucleatum · Fusobacterium polymorphum Streptobacillus moniliformis (Rat-bite fever/Haverhill fever)			

Source: http://en.wikipedia.org/wiki/Treponema

## \*Syphilis: Microbiology

Darkfield Silver stain Gram stain

Output

Darkfield Silver stain Gram stain

http://textbookofbacteriology.net/pathogenesis\_3.htm; http://faculty.mc3.edu/jearl/ML/ml-5-3.htm:

http://www2.wmin.ac.uk/~redwayk/lectures/Antibiotics/Antibiotics.htm

## \*Trepomema Cell Structure

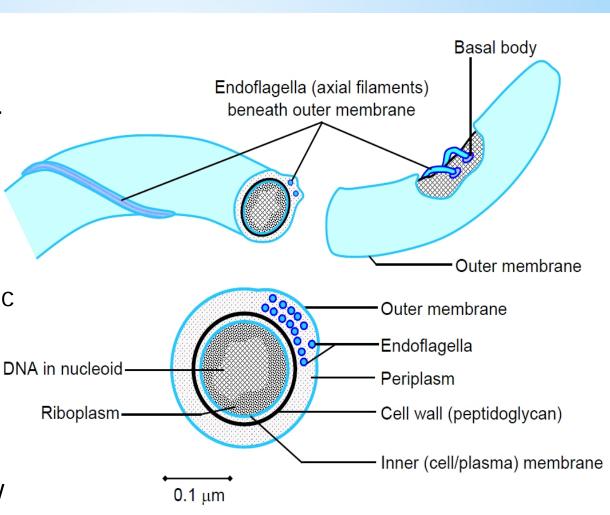
Diderm (doublemembrane) bacteria, long, helically coiled (corkscrew-shaped) cells.

#### Flagella:

(axial filaments), run lengthwise between bacterial inner and outer membranes in periplasmic space; causes twisting motion allowing Domovement.

#### Reproduction:

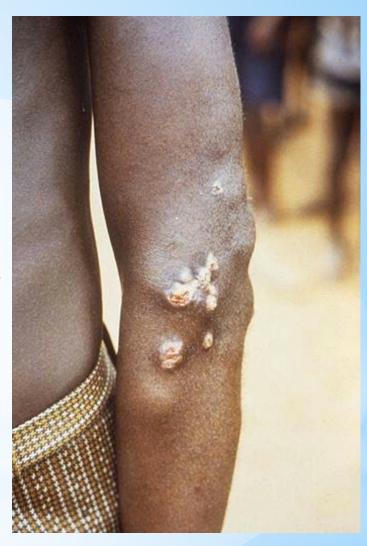
Asexual transverse binary fission.





## \*Treponema - Yaws

- \* Treponema pallidum pertenue (YAWS)
- \*Found in *Homo erectus* skeletons 1.6 million years old
- \* Found in Africa, Western Pacific, South East Asia.
- \* Tropical infection of skin, bones and joints
- \* Primary: "mother yaw" nodular/warty lesion (resolves <6 months)
- \* <u>Secondary</u>: months-years later, widespread, highly infectious lesions
- \* Tertiary: 10% of infected, 5-10 years later, wide spread skin, bone and joint destruction
- \* Transmission: Skin to skin contact





## \*Treponema - Pinta

- \* Treponema carateum
- \*Found Mexico, South, Central America
- \*Mildest treponeme, confined to skin
- \*Primary: itchy red, scaly papule or plaque, can be >10 cm, no ulceration
- \*Secondary: months later, "pintids", pruritic, infectious x years, color changes from red to copper to gray to bluish-black
- \*Late: hypochromia, discoloration, atrophy, achromia.

**Primary Pinta Lesion** 



Cutaneous dyschromia



Source: www.uptodate.com

## \*Treponema - Bejel (endemic syphilis)

- \* Treponema pallidum ssp. Endemicum
- \* Found along the southern Sahara border, and the Arabian peninsula.
- \* Transmission mainly among children, direct skin-skin or mouth-mouth contact, shared utensils.
- \* Primary: Small oral patches
- \* Secondary: Mucous patches (painless, shallow), bone pain due to periostitis (esp long bones leg), condyloma lata in intertriginous areas
- \* <u>Tertiary:</u> Juxta-articular nodules, destructive lesions esp. of nose, nasal septum, nasopharynx and soft palate.



## \*With civilization came syphilization.



## \*Case 1

- \*54 year old HIV+, HCV+ male
- \*MSM, Sexually active with long term partner
- \*6 days ago began to have jaundice, rash (shown here), fever, N/V
- \*N/V/fever now resolved
- \*AST 138, ALT 122, TBIIi 250
- \*RPR 1:16,384



## \*The Syphilis Poem...

There was a young man from Black Bay Who thought syphilis just went away He believed that a chancre Was only a canker That healed in a week and a day

But now he has "acne vulgaris" (Or whatever they call it in Paris);
On his skin it has spread
From his feet to his head,
And his friends want to know where his hair is.

There's more to his terrible plight;
His pupils won't close in the light
His heart is cavorting,
His wife is aborting,
And he squints through his gun-barrel sight.

Arthralgia cuts into his slumber;
His aorta in need of a plumber;
But now he has tabes,
And saber-shinned babies,
While of gummas he has quite a number.

He's been treated in every known way, But his spirochetes grow day by day; He's developed paresis, Has long talks with Jesus, And he thinks he's the Queen of the May



## \*Syphilis - Primary

- \*Median incubation 21 days (3-90).
- \*Painless papule at site of inoculation (multiple are possible).
- \*Ulcerates to form the classic chancre.
- \*Heals spontaneously after 3-6 weeks.
- \*Widespread dissemination of spirochete.



- \*Weeks-months later, can be concurrent.
- \*Systemic illness, 25% of untreated.

- \*Systemic symptoms
- \*Rash
- \*Condyloma lata
- \*Hepatitis
- \*GI: infiltrated, ulcerated
- \*Lymphadenopathy
- \*MSK: synovitis, osteitis, perioseitis

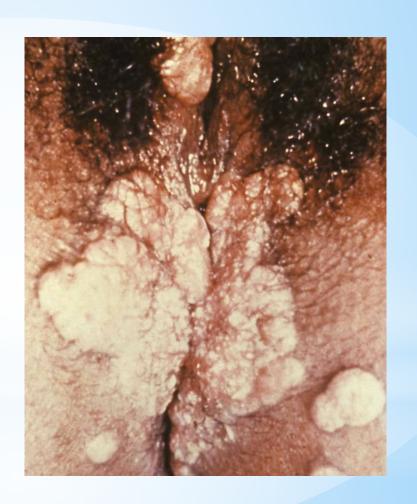
- \*Renal: nephrotic syndrome, nephritis with acute renal failure
- \*Neurologic: headache, confusion
- \*Ocular: uveitis, optic neuritis
- \*Alopecia
- \*Acne vulgaris



## \*Syphilis - Rash



- \*Condyloma lata
  - \*Painless, warty, mucosal lesions
  - \*Develop in warm, moist sites
  - \*Highly infectious





\*Alopecia



\*Acne vulgaris

## \*Syphilis - Latent

#### \*Early Latent:

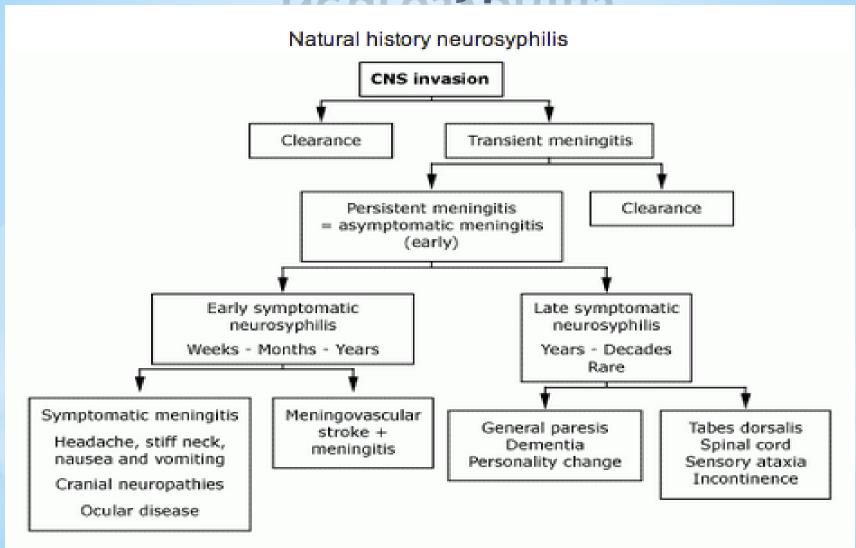
\*First year after infection.

#### \*Late Latent:

- \*>1 year since infection.
- \*Any diagnosis where timing of infection not known should be classified as this.

\*By definition is asymptomatic.

## \*Neurosyphilis



CNS: central nervous system. Courtesy of Christina M. Marra, MD. Graphic 64295 Version 2.0

## \*Neurosyphilis - Early

- \*Weeks years
- \*Symptomatic meningitis
- \*Cranial neuropathies
  - \*Otosyphilis (hearing loss +/- tinnitus)
  - \*CN 7 facial droop
- \*Ocular
  - \*Posterior uveitis (most common), can involve any eye structure!
- \*Meningovasuclar
  - \*Stroke, meningitis
  - \*Infectious arteritis
  - \*Spinal cord infarction (anterior spinal artery)

## \*Neurosyphilis - Late (Tertiary)

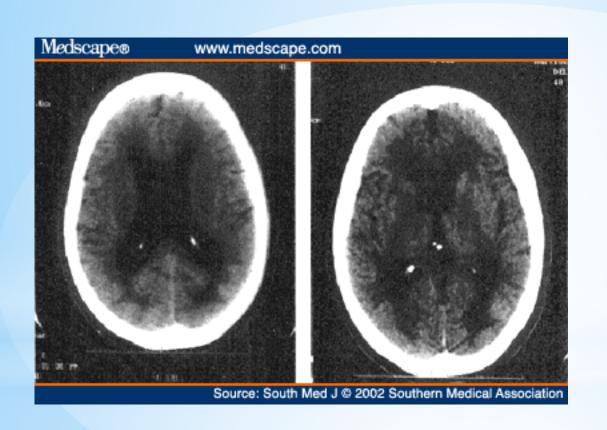
- \*Years (2-25) after infection
- \*General paresis
- \*Tabes dorsalis

## \*Neurosyphilis - General Paresis

- \*Progressive dementing illness
- \*1°: forgetfulness, personality change
- \*Progressive memory deficits, loss of judgment and dementia
- \*Depression, mania or psychosis
- \*Neuro exam may be normal OR may have: dysarthria, facial/limb hypotonia, intention tremors, abnormal reflexes, or abnormal pupillary responses



## \*Neurosyphilis - General Paresis



**Imaging**: atrophy

CSF:
WBC 25-75
protein 50-100
mg/dL

CSF VDRL: usually +

## \*Neurosyphilis - Tabes Dorsalis

- \*AKA locomoter ataxia
- \*Posterior columns spinal cord and dorsal roots
- \*Occurs on average 20 years after infection

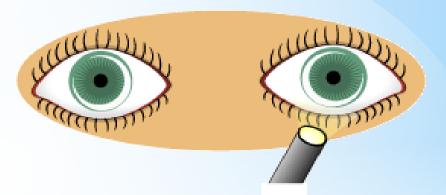


No Light

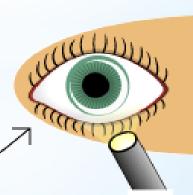


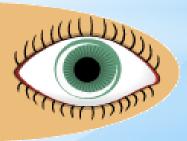


Normal Response to Light



Positive RAPD of Right Eye





## \*Neurosyphilis - Tabes Dorsalis

- \*ArgyII-Robertson pupil (50%)
- \*Sensory ataxia
- \*Lancinating pains (sudden brief stabs of pain lasting minutes to days)
- \*Paresthesias
- \*Gastric crises (recurrent severe epigastric pain, N/V)
- \*Impaired vibratory and position sense
- \*Absent lower extremity reflexes
- \*And...impaired touch/pain, sensory ataxia, optic atrophy



## \*Neurosyphilis - Tabes Dorsalis

#### \*CSF:

may be normal! Or WBC 10-50, protein 45-75 mg/dL



\*25% are NON-reactive!



Degeneration of nerves in the dorsal columns



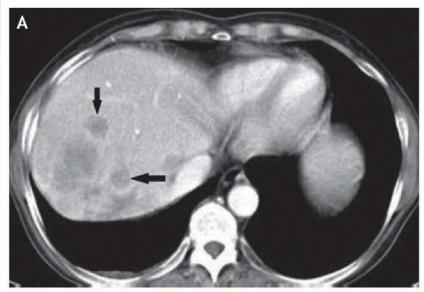
## \*Tertiary Syphilis - Gummas

- \*Soft tissue/bone
- \*Granulomatous infiltration, related to immune response not great enough to eliminate, but great enough to cause tissue damage and granuloma formation



## \*Tertiary Syphilis - Gummas

- \*May imitate malignancy
- \*Granulomatous infiltration on histology







## \*Tertiary Syphilis -Cardiovascular

#### \*Involves:

- \*Ascending aorta:
  dilated aorta, valvular
  regurgitation then
  heart failure
- \*Coronary arteries: narrowing, thrombosis
- \*Typically 15-30 years after infection
- \*Caused by vascultitis in vasa vasorum leading to weakening of vessel wall

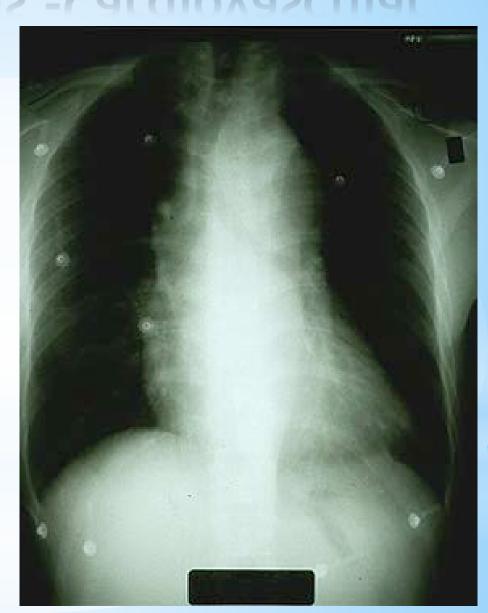




## \*Tertiary Syphilis -Cardiovascular

\*Calcification of ascending aorta from chronic inflammation of intima

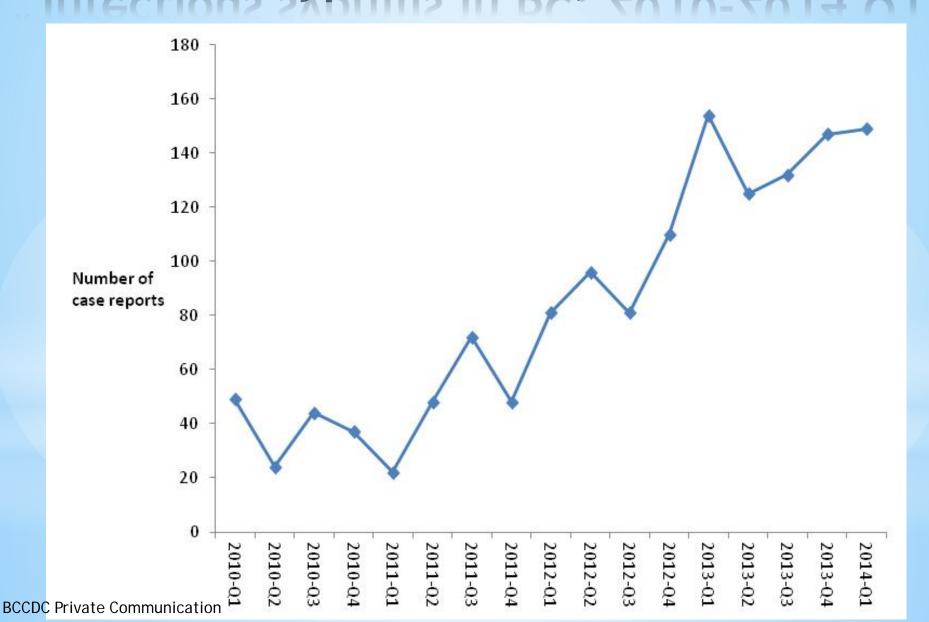
\*If coronaries involved, treatment has been associated with coronary thrombosis immediately post treatment! ?steroids



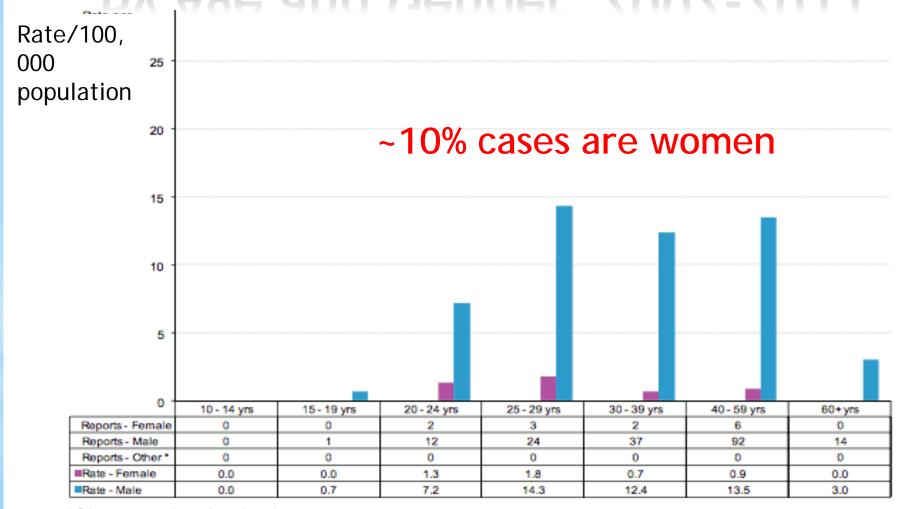
## \*Syphilis

- \*Early 1990's almost non-existent
- \*Increasing over last 15 years
- \*2012: rate was 8/100,000, have almost doubled since then!

## \*Infectious syphilis in BC, 2010-2014 Q1

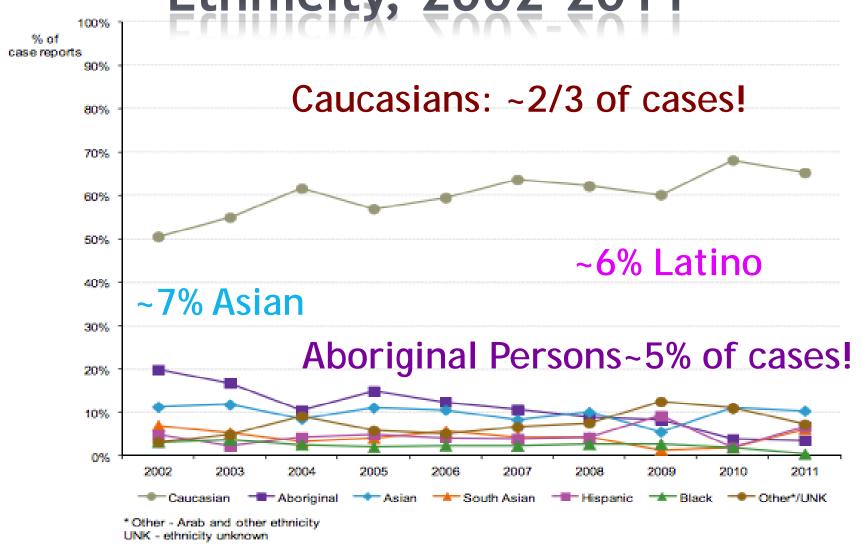


## \*Infectious Syphilis Case Reports -By Age and Gender, 2002-2011



<sup>\*</sup> Other - transgender and gender unknown

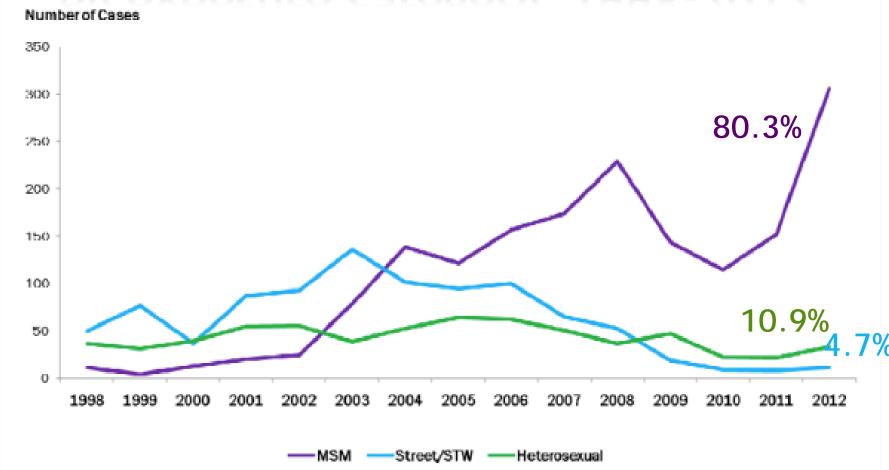
# \*Infectious Syphilis Cases By Ethnicity, 2002-2011



BC Centre for Disease Control. (2012). STI in British Columbia: Annual Surveillance Report 2011. Retrieved from http://www.bccdc.ca/util/about/annreport/default.htm

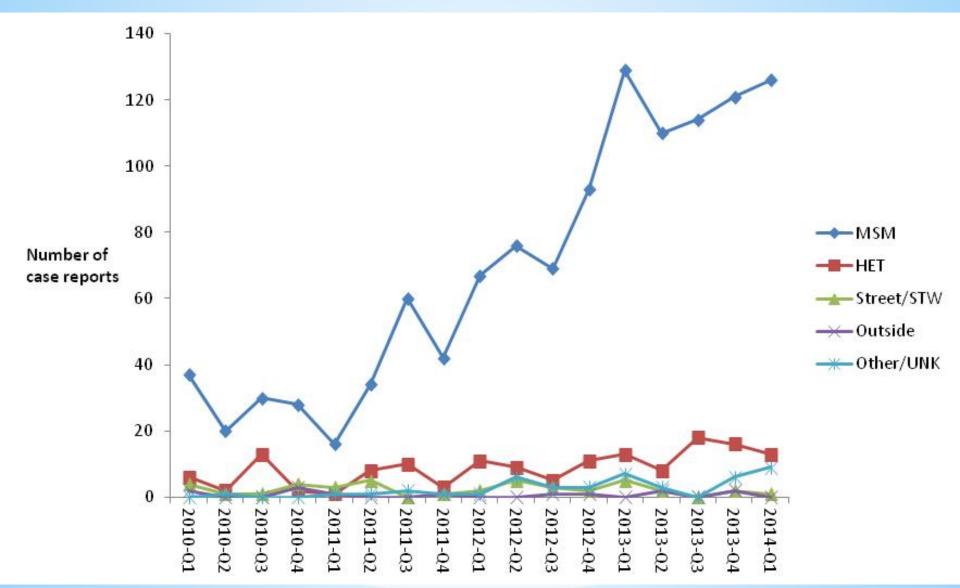


# \*Infectious Syphilis case reports in BC by exposure category, 1998-2012

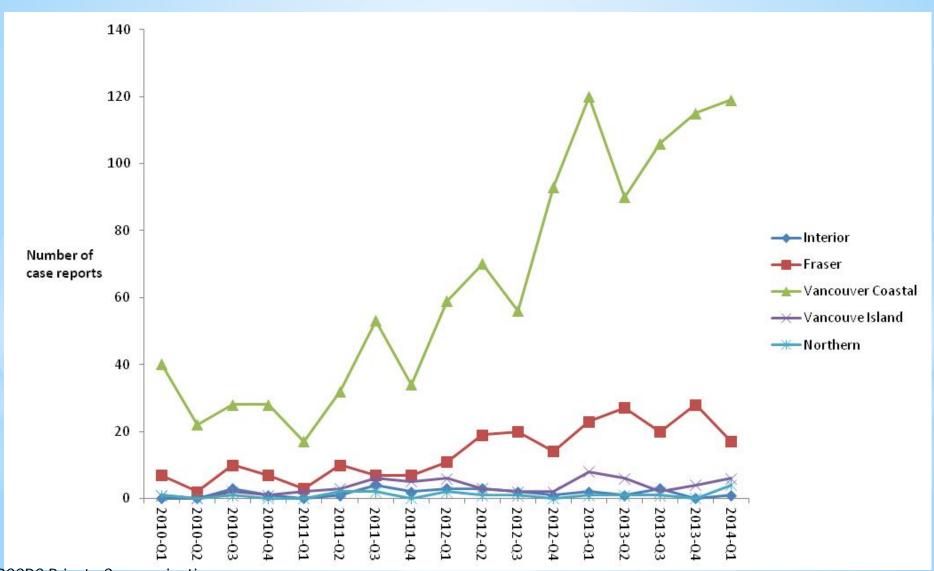


MSM: gay, bisexual, two-spirit, and other men who have sex with men. Street/STW: Includes sex trade workers, patrons of sex trade workers, individuals with housing insecurity (i.e. transient housing, homeless, no fixed address, living on the street).

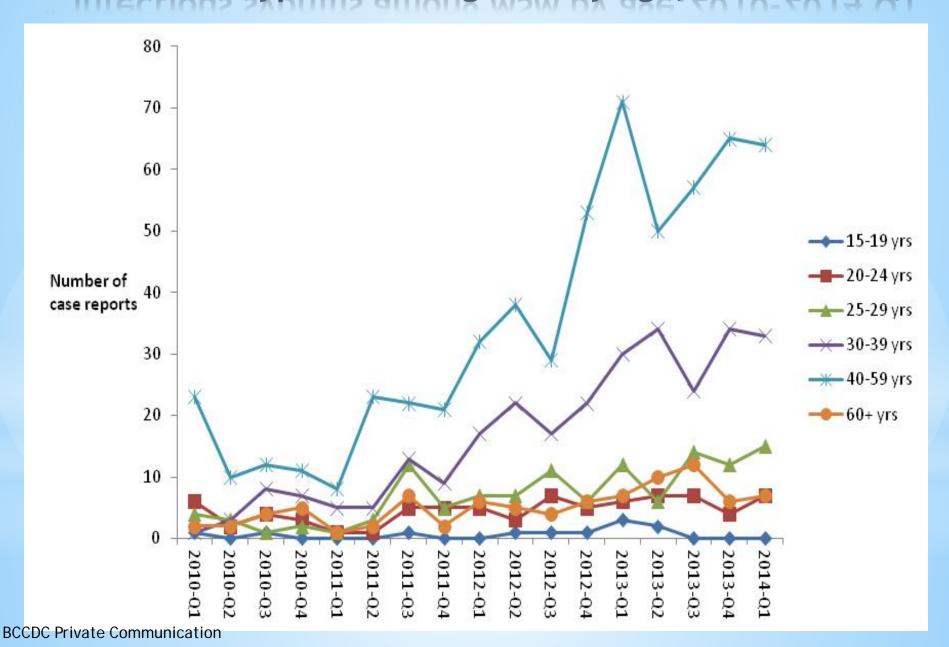
### \* Infectious syphilis by Exposure Category, 2010-2014 Q1



### \*Infectious syphilis by HA, 2010-2014 Q1



### \* Infectious syphilis among MSM by age, 2010-2014 Q1



## \*Syphilis - 2013

Year	Primary	Secondary	Early Latent	TOTAL
2011				190
2012	74	65	232	371
2013*	84	104	221	409

2013\*: From January 1-September 30, 2013

Tertiary Syphilis: 2 cases reported 2013

~150 more in last quarter 2013

Source: BC Centre for Disease Control, personal communication

## \*Syphilis

- \*>2/3 in MSM population, 53.4% HIV+ (2011)
  - \*Median age 41
  - \*4% diagnosed with neurosyphilis
  - \*15% had more than one diagnosis from 2002-2011
  - \*HIV+ had a higher rate of re-diagnosis (21% vs. 7% in HIV-)
- \*21% of identified partners tested were positive for syphilis.

## \*Syphilis Testing: Non-treponemal

#### **RPR**

- \*Rapid plasma reagin test
- \*Detects cardiolipinlecithin-cholesterol antibodies

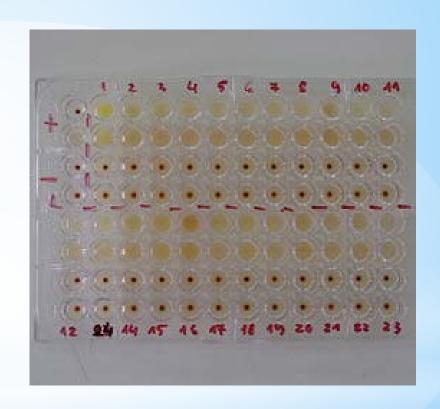
### **VDRL**

- \*Venereal disease laboratory test
- \*Flourescent treponemal Antibody absorbance test
- \*Detects anti-cardiolipin antibodies
- \*Detect antibodies to intracellular markers released through cellular damage caused by spirochetes
- \*False positives: due to other infections, rheumatic disease
- \*False negatives: very early or late infection (late latent or tertiary), prozone effect
- \*May use these to follow outcomes of treatment fall over time

## \*Syphilis Testing: Treponemal tests

#### **TPPA**

- \*Treponemal pallidum particle agglutination test
- \*Detects T. pallidum IgM and IgG antibodies
- \*1° syphilis: sensitivity 85-100%, specificity 98-100%
- \*2° and latent: sensitivity 98-100%



- \*Positive for life (can not use to follow treatment success)
- \*More specific than NON-treponemal tests

## \*Syphilis Testing: Treponemal tests



#### FTA-Abs

- \*Flourescent treponemal Antibody absorbance test
- \*Detects T. pallidum IgM and IgG antibodies

- \*Positive for life (can not use to follow treatment success)
- \*More specific than NON-treponemal tests



# \*Syphilis -How to Test

### \*Current: RPR

- \*If positive is automatically followed by a confirmatory direct treponemal test (TPPA and FTA-Abs)
- \*If suspect very early infection repeat in 2-4 weeks
- \*If suspect late latent, or tertiary syphilis may test a direct treponemal test (but must ask specifically)



## \*New Test: Treponemal CLIA

- \*Chemiluminescent immunoassay test.
- \*Detects both IgM and IgG antibodies to syphilis infection.
- \*High sensitivity and specificity of detection at all stages of disease (>99% for both).
- \*False negatives: most likely to occur very early in infection.
- \*False positives: most likely to occur in low risk populations.





# \*New Test: Treponemal CLIA

- \*If positive or indeterminate is automatically followed by additional testing: RPR then TPPA
- \*If TPPA negative will do TP-LIA test (line immunoassay).
- \*If LIA indeterminate, resample, clinical picture.
- \*Aim for roll-out: Mid-June!

\*What do you order?

\* "Syphilis serology"

CSF: Still order "VDRL"



## \*Syphilis -Who to Test

- \*All those symptomatic with suspected syphilis
- \*Contacts of syphilis cases
- \*Pregnant: All pregnant women should be tested in first trimester. Retest those at high risk in 3<sup>rd</sup> trimester (28-32 weeks +/- at delivery).
- \*Any woman who delivers a hydropic or stillborn infant at >20 weeks gestation
- \*Infants of positive mothers
- \*HIV+: Test q3-4 months (esp. MSM)
- \*If negative test but high suspicion, repeat in 2-4 weeks
- \*All those with any other STI
  - -where there is one...

\*"When it comes to syphilis, suspect your grandmother."
-Sir William Osler

## \*Contact Tracing

Syphilis Stage	Trace Back Period
Primary Syphilis	3 months*
Secondary Syphilis	6 months*
Early Latent	1 year*
Late Latent	Assess marital/other long term partners as appropriate, decision to test depends on estimated duration of infection
Congenital	Assess mother + her sexual partner
Stage Undetermined	Consult with BCCDC STI Physician

<sup>\*</sup>If there was no partner during the trace back period or if all partners test negative, then trace back period should be extended to include the previous partner.

## \*Syphilis -Who to LP

	Who to LP	What is Positive
HIV+	Neurologic symptoms/signs Late latent or 3° syphilis RPR ≥ 1:32 dilutions CD4 ≤ 350 cells/µL Treated syphilis with <4 fold decline in RPR titre Some experts say ALL	CSF+ VDRL (sensitivity 30-50%, highly specific) or CSF WBC ≥20 cells/µL or CSF protein >0.45 and CSF FTS-ABS+ (highly sensitive, but non-specific)
HIV-	Neurologic symptoms/signs RPR ≥ 1:32 dilutions Congenital syphilis Tertiary syphilis Previously treated <i>but</i> fail to respond adequately	CSF+ VDRL or CSF WBC ≥6 cells/µL or CSF protein >0.45 and CSF FTS- ABS+

## \*Syphilis Treatment

Infection Stage	HIV-	HIV+	Penicillin Allergy	
Primary, secondary, early latent (<1 yr)	Benzathin Penicillin IM x 1 (AII)	G 2.4 mu	Doxycycline 100 mg BID x 14 days (BII) or Ceftriaxone 1 g IV or IM OD x 10 days (BII)	
Late latent (>1 year or unknown), IM x 3 at weekly tertiary NOT involving the CNS Benzathine Penicillin G 2.4 mu IM x 3 at weekly intervals (All)		G 2.4 mu veekly	Doxycycline 100 mg BID x 28 days (BII) or Ceftriaxone 1 g IV or IM OD x 10 days (BII)	

Neurosyphilis

Penicillin G 4 mu IV q4h x 14 days (All)

Penicillin desensitization and Pen G!(AIII) Ceftriaxone 2 g IV/IM x 10-14 days (BII)



## \*Other Advice...

- \*Patients should abstain from sex for 14 days after starting penicillin or until completion of 14 days of doxycycline
- \*Recommendations are for similar/same treatment of HIV+ individuals BUT failure rates are significantly higher if HIV+

Stage	%Serologic Failure: HIV+	%Serologic Failure: HIV-
Early syphilis	6.9-22%	~5%
Late syphilis	19-31%	~3-10%
Neurosyphilis	27-28%	~3-10%

## \* Post Therapy RPR and CSF Responses

Stage	RPR & LP Frequency	Successful Response	Plan if Non-Response
Primary, Secondary	RPR q3 mo (3,6,12 months)	≥ 4 fold <b>Ψ</b> @ 6-12 months	Benzathine penG 2.4 mu IM/wk x 3 (Check CSF, if normal, test for HIV)
Latent	RPR q6 months (6,12,24 months)	≥ 4 fold <b>Ψ</b> @ 12-24 months	Repeat CSF exam, retreat
Neurosyphilis	LP q6 months, RPR @6,12,24 months	WBC ♥ @ 6 months; CSF normal @ 2 yrs	Consider re-treatment

# \*Jarisch-Herxheimer reaction

- \*Fever
- \*Chills
- \*Headache
- \*Myalgias
- \*Worsening rash
- \*Hypotension
- \*Occurs 2-24 hours post onset treatment for syphilis, and resolves in 24-48 hours
- \*Can be mistaken as allergic reaction
- \*Use antipyretics prn



# \*Case 1: Plan

- \*Admitted to hospital
- \*Started on doxycycline
- \*Allergy Consult
- \*LP (RPR>1:32!)
- \*STI screen
- \*Contact tracing
- \*GI to see



http://std.sagepub.com/content/21/8/537/F5.large.jpg



## \*Case 1: Follow-up

- \*CSF
- \*Protein: 0.25
- \*WBC: 1
- \*VDRL: Negative
- \*Liver enzymes/bili normalized with treatment
- \*RPR declined to 1:16 as of Nov/2013.
- \*Allergy testing done later



http://std.sagepub.com/content/21/8/537/F5.large.jpg

# \*Syphilis and Pregnancy

- \*27 y.o. female, 10 weeks pregnant
- \*Routine pregnancy blood work January 10: RPR 1:8, confirmatory positive
- \*Negative RPR 2005 (previous pregnancy)
- \*Treated with Benzathine Penicillin G 2.4 mu IM x 3 at weekly intervals (Jan 21, 28, Feb 5)
- \*Partner tested negative





\*RPR Feb 12<sup>th</sup>(1 week after 3<sup>rd</sup> dose): 1:128

\*U/S: normal

\*What is going on?





- \*RPR March 24: 1:32
- \*HIV negative
- \*What now?
- \*Patient likely had very early infection with Ab titres on the rise when initial RPR done.
- \*Rapid repeat blood work likely caught this.
- \*Now falling appropriately.
- \*BUT.....



- \*Ultrasound at 26 weeks:
- \*Placental thickening

\*What now?



## \*Perinatal Transmission



http://www.topnews.in/health/diseases/pregnancy

- \*T. pallidum readily crosses the placenta, at any stage of gestation.
- \*Frequency of transmission increases as gestation advances.
- \*Severity of infection decreases with later infection
- \*60-90% transmission if primary or secondary infection
- \*40% if early latent infection
- \*<10% if late latent infection
- \*Not passed in breast milk

## \*Perinatal Transmission



- \*40% of untreated pregnancies result in pregnancy loss
- \*2/3 infants infected asymptomatic at birth
- \*Most show signs by 3 months

http://www.topnews.in/health/diseases/pregnancy

## \*Congenital Syphilis

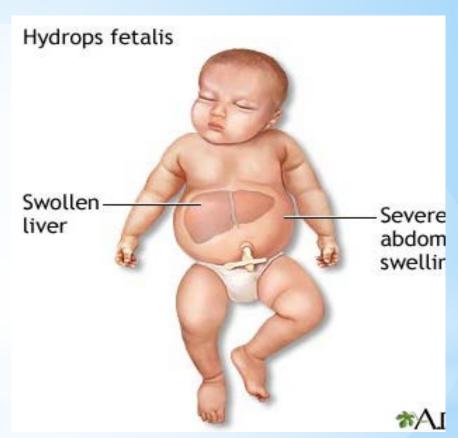
- \*Placenta and umbilical cord
  - \*Large, thick, pale
  - \*Umbilical cord edematous, may look like "barber's pole", abscess-like foci of necrosis within Wharton's jelly centered around umbilical vessels
- \*Hepatomegaly (almost all infected infants)
  - \*If seen on fetal u/s may indicate failure of maternal treatment to prevent fetal infection
  - \*Jaundice, cholestasis, may worsen with Penicillin before improving

## \*Congenital Syphilis

- \*Rhinitis (snuffles)
  - \*Usually develops first week life, white nasal discharge +/- bloody
  - \*Severe, persistent (infectious by direct contact)
- \*Generalized lymphadenopathy
  - \*Esp. if epitrochlear
- \*Cutaneous lesions
  - \*1-2 weeks after the rhinitis
  - \*Maculopapular rash (esp. back, buttocks, posterior thighs, soles)
  - \*Progresses, desquamates, crusts
  - \*If present at birth, rash may be widely disseminated and bullous (infectious, darkfield shows spirochetes)

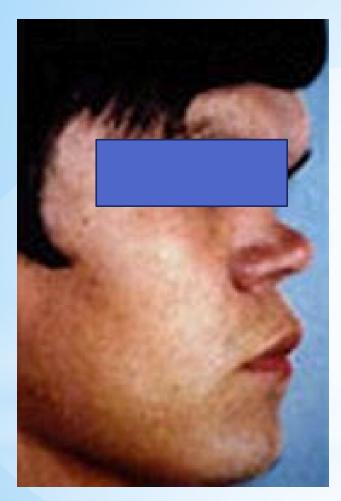
## \*Hydrops Fetalis

- \*Increased cardiac output
- \*Heart failure
- \*Edema
  - \*Corresponds to severely swollen liver/abdomen





## \*Late Congenital Syphilis



Saddle nose (from bridge of nose collapsing)



Hutchinson teeth (notched teeth)



# \*Congenital Syphilis: Late Findings

\*Saber shin (anteriorly-curved tibia)



- \*Further ultrasounds show only placental thickening
- \*Maternal RPR: 1:8 at 38 weeks
- \*At birth, child's RPR 1:32



\*What now?

# \*Guidelines for the little ones

- \*Infant Lumbar puncture and possible IV Pen G if....
  - \*Infant RPR ≥4 fold maternal RPR (and treat IV)
  - \*Abnormal physical exam (and treat IV)
  - \*No or insufficient maternal treatment
  - \*Maternal treatment <4 weeks prior to delivery
  - \*Maternal relapse post treatment
- \*Single dose Benzathine Pen G IM if....
  - \*N exam, titre <4 fold maternal, adequate maternal treatment

# \*Syphilis Treatment

Infection Stage	HIV-	HIV+	Penicillin Allergy
Pregnancy	Primary/se early laten (BII), 2 dos	it: 1 dose	No adequate data to suggest anything other than Penicillin acceptable, no doxy!
Congenital	If <1 month: Pen G 50,000 u/kg q12h x 7 days then q8h x 3 days (AII)  If >1 month: Pen G 50,000 u/kg q6h x 10-14 days (AII) or if  Normal CSF may have 3 IM doses (50,000 u/kg to max of 2.4 mu).  All children born to mothers with infectious syphilis: 1 dose benzathine Pen G @ 50,000 u/kg (CIII) (i.e. adequate maternal tx, no concern regarding re-infection, infant has no clinical or lab evidence of infection)		

# \*Acknowledgments

- \*Thank you!
  - \*Dr. Richard Lester for the statistics
  - \*Dr. Muhammad Morshed, BCCDC for updated information on testing
  - \*BCCDC

### \*References:

\*BCCDC STI Guidelines

http://www.bccdc.ca/dis-cond/commanualCDManualChap5.htm

\*Canadian STI Guidelines

http://www.phac-aspc.gc.ca/std-mts/sti-its/index-eng.php

\* "He who knows syphilis knows medicine"

-Sir William Osler

Questions?